



The Question of Spiritual Bypassing

A daylong workshop facilitated by
Dorothy Hunt and John Prendergast



Saturday, February 11, 2012
9:30 a.m. – 5 p.m.
1606 Bonita, Berkeley, CA
\$75 general; \$50 students

6 BBSE CEU's available (additional \$10)
Co-hosted by:
East Bay Open Circle and
Moon Mountain Sangha

Carefully examining the phenomenon called “spiritual bypassing,” we may find that it doesn’t actually exist. Instead we discover “conceptual bypassing,” where the *idea* of spirituality is used to avoid our direct and sometimes very challenging human experience of emotional vulnerability and relational intimacy. This daylong exploration of the topic of spiritual bypassing will invite contemplation of the difference between “spirit,” which actually is intimate with all moments, and the egoic movement of mind that seeks to avoid what is here by conceptualizing, philosophizing, making a story about, or attempting to ‘transcend’ experience. We will also look into the profound opportunity for healing when we are no longer refusing experience, but are at one with it. Format will include didactic and experiential components as well as silent sitting and dialogue. Brief morning and afternoon breaks and a 1½- hour lunch break will also be included.



Dorothy S. Hunt, L.C.S.W. serves as Spiritual Director of Moon Mountain Sangha, Inc., teaching at the request and in the spiritual lineage of Adyashanti. She is the founder of the San Francisco Center for Meditation and Psychotherapy, and has practiced psychotherapy since 1967. Dorothy is the author of *Only This!*, editor of *Love: A Fruit Always in Season*, and a contributing author to *The Sacred Mirror*, *Listening from the Heart of Silence*, and *Undivided: The Online Journal of Nonduality and Psychology*. For more information, you may visit www.dorothyhunt.org or call 415-567-8404.

John J. Prendergast, Ph.D., is an Adjunct Associate Professor of Psychology at the California Institute of Integral Studies and maintains a private practice in San Rafael. He is the senior editor of and a contributing author to both *The Sacred Mirror: Nondual Wisdom and Psychotherapy* and *Listening from the Heart of Silence: Nondual Wisdom and Psychotherapy, vol. 2* as well as editor-in-chief of the online journal *Undivided* at www.undividedjournal.com. For the past five years he has led several ongoing, private Self-Inquiry groups. For more information, you may visit www.listeningfromsilence.com or call 415-453-8832. BBSE Provider # 1756.

Both Dorothy and John have been frequent presenters at the annual Nondual Wisdom and Psychotherapy conferences as well as the Science and Nonduality Conferences. They co-facilitate retreats for psychotherapists, including an upcoming April 15-18, 2012 retreat at IONS Retreat Center entitled *Vastness and Vulnerability: An Exploration of Nondual Wisdom and Psychotherapy*.

To register, please complete attached registration form

The Question of Spiritual Bypassing

Saturday, February 11, 2012, Berkeley, California

REGISTRATION FORM

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (home): _____ (work): _____ (cell): _____

*E-mail: _____

**Confirmation will be sent by e-mail, unless you do not have e-mail.*

I will be attending the daylong workshop, *The Question of Spiritual Bypassing*
February 11, 2012 from 9:30 a.m. – 5 p.m.

I am requesting CEU's for this event (6 BBSE CEU's are being offered) @ \$10.

License #: (MFT) _____ (LCSW) _____

Total enclosed @ \$75 per person (\$50 student rate**) plus \$10 if requesting CEU's: _____

**Educational Institution where you are enrolled, if student: _____

I would be interested in volunteering for this event in the following way(s):

- Registration
- CEU sign-in/out
- Afternoon Break coordinator (setting up snack area, cleaning up afterward)
- Providing flowers
- Bringing snacks for teatime (e.g., fruit, nuts, cheese, or cookies)
- Helping in any way that is needed.

Please complete form, make checks payable and mail to:

Moon Mountain Sangha
1719 Union Street
San Francisco, CA 94123

